### February 2017

**Garrett County Board of Education**  
**Food & Nutrition Services—Elementary Breakfast & Lunch**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| 1. Chicken Nuggets or Lunchable or Chicken Nuggets  
 Tossed Salad  
 Applesauce  
 Re-fried Beans  
 Milk  
 Cinnamon Roll, Toast, Cereal, Peach Cup, Orange Pineapple Juice, Milk | 2. Meatball Sub or Lunchable or  
 Corn Dog  
 Carrot Sticks  
 Pears  
 Ice Cream Cup  
 Milk  
 Pancakes, Toast, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk | 3. BREAKFAST FOR LUNCH  
 Waffles & Sausage Patties or Lunchable or Pizza  
 Tater Tots  
 Mixed Fruit  
 Orange Wedges  
 Milk  
 Cereal Bar, Toast, Cereal, Orange Wedges, Apple Juice, Milk | 4. BREAKFAST FOR LUNCH  
 Waffles & Sausage Patties or  
 Lunchable or Pizza  
 Tater Tots  
 Mixed Fruit  
 Orange Wedges  
 Milk  
 Cereal Bar, Toast, Cereal, Orange Wedges, Apple Juice, Milk | 5. BREAKFAST FOR LUNCH  
 Waffles & Sausage Patties or Lunchable or Pizza  
 Tater Tots  
 Mixed Fruit  
 Orange Wedges  
 Milk  
 Cereal Bar, Toast, Cereal, Orange Wedges, Apple Juice, Milk |
| 6. Popcorn Shrimp or Grilled Cheese Sandwich or Chicken Nuggets  
 Sweet Potato Tots  
 Pears  
 Mixed Vegetables  
 Milk  
 Double Chocolate Whole Grain Muffin, Toast, Cereal, Raisins, Grape Juice, Milk | 7. BBQ Chicken or Grilled Cheese Sandwich or Pizza  
 Mashed Potatoes  
 Pineapple  
 Green Beans  
 Milk  
 French Toast Sticks, Toast, Cereal, Applesauce Cup, Orange Juice, Milk | 8. Pepperoni Panni or Grilled Cheese Sandwich or Chicken Nuggets  
 Broccoli  
 Orange Wedges  
 Carrot Sticks  
 Milk  
 Cereal Bar, Toast, Cereal, Banana, Fruit Juice, Milk | 9. Macaroni & Cheese or Grilled Cheese Sandwich or Corn Dog  
 Peas  
 Peaches  
 Roasted Garbanzo Beans  
 Milk  
 Sausage Biscuit, Toast, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk | 10. Spaghetti or Grilled Cheese Sandwich or Pizza  
 Tossed Salad  
 Mixed Fruit  
 Corn  
 Milk  
 Yogurt, Toast, Cereal, Peach Cup, Apple Juice, Milk |
| 11. Chicken Patty or Turkey & Cheese Sandwich or Chicken Nuggets  
 Mixed Vegetables  
 Pears  
 French Fries  
 Milk  
 Banana Muffin, Toast, Cereal, Mixed Fruit Cup, Orange Juice, Milk | 12. Diced Turkey w/Gravy over Biscuits or Turkey & Cheese Sandwich or Pizza  
 Mashed Potatoes  
 Banana  
 Broccoli  
 Sugar Cookie  
 Milk  
 Breakfast Pizza, Toast, Cereal, Pear Cup, Fruit Juice, Milk | 13. Hamburger or Turkey & Cheese Sandwich or Chicken Nuggets  
 Tater Tots  
 Mixed Fruit  
 Baked Beans  
 Milk  
 Cinnamon Roll, Toast, Cereal, Peach Cup, Orange Pineapple Juice, Milk | 14. Chili & Peanut Butter Sandwich or Turkey & Cheese Sandwich or Corn Dog  
 Carrot Sticks  
 Peaches  
 Chocolate Chip Cookie  
 Milk  
 Breakfast Bites, Toast, Cereal, Applesauce Cup, Grape Juice, Milk | 15. Nachos Grande or Turkey & Cheese Sandwich or Pizza  
 Corn  
 Strawberry Applesauce  
 Tossed Salad  
 Corn  
 Milk  
 Cereal Bar, Toast, Cereal, Orange Wedges, Apple Juice, Milk |
| 16. Fish Sandwich or Ham & Cheese Sandwich or Chicken Nuggets  
 Sweet Potato Tots  
 Pears  
 Mixed Vegetables  
 Milk  
 Banana Muffin, Toast, Cereal, Mixed Fruit Cup, Orange Juice, Milk | 17. BREAKFAST FOR LUNCH  
 Pancakes & Sausage Patties or Turkey & Cheese Sandwich or Pizza  
 Tater Tots  
 Mixed Fruit  
 Juice Cup  
 Milk  
 French Toast Sticks, Toast, Cereal, Applesauce Cup, Orange Juice, Milk | 18. Cheese Ravioli or Turkey & Cheese Sandwich or Chicken Nuggets  
 Carrot Sticks  
 Applesauce  
 Italian Ice  
 Milk  
 Cereal Bar, Toast, Cereal, Banana, Fruit Juice, Milk | 19. Chicken Nuggets or Turkey & Cheese Sandwich or Corn Dog  
 Tossed Salad  
 Pears  
 Re-fried Beans  
 Milk  
 Sausage Biscuit, Toast, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk | 20. BBQ Sandwich or Turkey & Cheese Sandwich or Pizza  
 French Fries  
 Orange Wedges  
 Cole Slaw  
 Milk  
 Yogurt, Toast, Cereal, Peach Cup, Apple Juice, Milk |
| 21. BREAKFAST FOR LUNCH  
 Pancakes & Sausage Patties or Turkey & Cheese Sandwich or Pizza  
 Tater Tots  
 Mixed Fruit  
 Juice Cup  
 Milk  
 French Toast Sticks, Toast, Cereal, Applesauce Cup, Orange Juice, Milk | 22. BBQ Chicken or Ham & Cheese Sandwich or Pizza  
 Mashed Potatoes  
 Pineapple  
 Green Beans  
 Milk  
 Breakfast Pizza, Toast, Cereal, Peach Cup, Fruit Juice, Milk | 23. Items served daily for Lunch:  
 Bread Basket  
 Peanut Butter & Jelly Sandwich |