

Talking to Children About COVID-19: A Parent Resource

National Association of School Psychologists-in English and Spanish PDF downloaded

Talking with Children

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>

Supporting Kids During the Coronavirus Crisis : Tips for Nurturing and Protecting Children at Home

<https://childmind.org/article/supporting-kids-during-the-covid-19-crisis/>

Manage Stress and Anxiety During Coronavirus

(for parents-their own)

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>