<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>4 Rib Patty</td>
<td>5 Chicken Noodle Soup</td>
<td>6 Mozzarella Sticks w/Sauce</td>
<td>7 Nachos Grande</td>
<td>8 Sloppy Joe</td>
</tr>
<tr>
<td>Mixed Vegetables</td>
<td>Grilled Cheese Sandwich</td>
<td>Carrot Sticks</td>
<td>Tossed Salad</td>
<td>Oven Roasted Potatoes</td>
</tr>
<tr>
<td>Peaches</td>
<td>Broccoli</td>
<td>Corn</td>
<td>Strawberry Apple sauce cup</td>
<td>Mixed Fruit</td>
</tr>
<tr>
<td>French Fries</td>
<td>Pineapple</td>
<td>Pears</td>
<td>Corn</td>
<td>Baked Beans</td>
</tr>
<tr>
<td>Milk</td>
<td>Churro</td>
<td>Brownie</td>
<td>Milk</td>
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<tr>
<td>Double Chocolate Whole Grain Muffin,</td>
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<td>Milk</td>
<td>Sausage Biscuit, Cereal, Peach cup,</td>
<td>Yogurt, Cereal, Mandarin Orange cup,</td>
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<tr>
<td>Cereal, Mixed Fruit Cup,</td>
<td></td>
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<td>Orange Pineapple Juice, Milk</td>
<td>Apple Juice, Milk</td>
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<tr>
<td>11 Grilled Cheese Sandwich</td>
<td>12 Hot Dog</td>
<td>13 Chicken Fajita</td>
<td>14 Beef Ravioli</td>
<td>15 Breakfast For Lunch</td>
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<tr>
<td>Mixed Vegetables</td>
<td>Broccoli</td>
<td>Tossed Salad</td>
<td>Cheese Stick</td>
<td>Waffles &amp; Sausage Patties</td>
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<tr>
<td>Pineapple</td>
<td>Peaches</td>
<td>Re-fried Beans</td>
<td>Carrot Sticks</td>
<td>Tater Tots</td>
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<tr>
<td>Tomato Soup</td>
<td>Baked Beans</td>
<td>Apple sauce</td>
<td>Pears</td>
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<td>Milk</td>
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<td></td>
<td>Brownie</td>
<td>Orange Wedges</td>
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<td>Breakfast Pizza, Cereal, Pear cup, Fruit</td>
<td>Cinnamon Roll, Cereal, Peach cup, Orange</td>
<td>Ice Cream Cup</td>
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<td>Pineapple Juice, Milk</td>
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<tr>
<td>18 Popcorn Shrimp</td>
<td>19 Macaroni &amp; Cheese</td>
<td>20 Pepperoni Panni</td>
<td>21 Baked Ham</td>
<td>22 French Bread Pizza</td>
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<tr>
<td>Sweet Potato Tots</td>
<td>Peas</td>
<td>Tossed Salad</td>
<td>Mashed Potatoes</td>
<td>French Fries</td>
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<td>Pears</td>
<td>Peaches</td>
<td>Orange Wedges</td>
<td>Baked Apples</td>
<td>Mixed Fruit</td>
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<td></td>
<td>Gingerbread</td>
<td>Milk</td>
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<td>Double Chocolate Whole Grain Muffin,</td>
<td>French Toast Sticks, Cereal, Apple sauce</td>
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<td>Sausage Biscuit, Cereal, Mandarin Orange</td>
<td>Yogurt, Cereal, Peach cup, Apple Juice,</td>
</tr>
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<td>Cup, Orange Pineapple Juice, Milk</td>
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<td>25 WINTER BREAK</td>
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</tbody>
</table>

**December 2017**

Garrett County Board of Education—Food & Nutrition
Secondary Breakfast & Lunch Menu

1. Hamburger
   French Fries
   Mixed Fruit
   Corn
   Milk

Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk

4. Rib Patty
   Mixed Vegetables
   Peaches
   French Fries
   Milk

Double Chocolate Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk

5. Chicken Noodle Soup
   Grilled Cheese Sandwich
   Broccoli
   Pineapple
   Churro
   Milk

Waffles, Cereal, Apple sauce cup, Orange Juice, Milk

6. Mozzarella Sticks w/Sauce
   Carrot Sticks
   Corn
   Milk

Cereal Bar, Cereal, Banana, Fruit Juice, Milk

7. Nachos Grande
   Tossed Salad
   Strawberry Apple sauce cup
   Corn
   Milk

Sausage Biscuit, Cereal, Peach cup, Orange Pineapple Juice, Milk

8. Sloppy Joe
   Oven Roasted Potatoes
   Mixed Fruit
   Baked Beans
   Milk

Yogurt, Cereal, Mandarin Orange cup, Apple Juice, Milk

11. Grilled Cheese Sandwich
    Mixed Vegetables
    Pineapple
    Tomato Soup
    Milk

Banana Muffin, Cereal, Mixed Fruit cup, Orange Juice, Milk

12. Hot Dog
    Broccoli
    Peaches
    Baked Beans
    Milk

Breakfast Pizza, Cereal, Pear cup, Fruit Juice, Milk

13. Chicken Fajita
    Tossed Salad
    Apple sauce
    Re-fried Beans
    Milk

Cinnamon Roll, Cereal, Peach cup, Orange Pineapple Juice, Milk

14. Beef Ravioli
    Cheese Stick
    Carrot Sticks
    Pears
    Ice Cream Cup
    Milk

Pancakes, Cereal, Strawberry Apple sauce cup, Grape Juice, Milk

15. Breakfast For Lunch
    Waffles & Sausage Patties
    Tater Tots
    Mixed Fruit
    Orange Wedges
    Milk

Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk

18. Popcorn Shrimp
    Sweet Potato Tots
    Pears
    Mixed Vegetables
    Milk

Double Chocolate Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk

19. Macaroni & Cheese
    Peas
    Peaches
    Roasted Garbanzo Beans
    Milk

French Toast Sticks, Cereal, Apple sauce cup, Orange Juice, Milk

20. Pepperoni Panni
    Tossed Salad
    Orange Wedges
    Carrot Sticks
    Milk

Cereal Bar, Cereal, Banana, Fruit Juice, Milk

21. Baked Ham
    Mashed Potatoes
    Baked Apples
    Broccoli
    Gingerbread
    Milk

Sausage Biscuit, Cereal, Mandarin Orange cup, Orange Pineapple Juice, Milk

22. French Bread Pizza
    French Fries
    Mixed Fruit
    Corn
    Milk

Yogurt, Cereal, Peach cup, Apple Juice, Milk

25. WINTER BREAK
    SCHOOLS CLOSED

26. WINTER BREAK
    SCHOOLS CLOSED

27. WINTER BREAK
    SCHOOLS CLOSED

28. WINTER BREAK
    SCHOOLS CLOSED

29. WINTER BREAK
    SCHOOLS CLOSED