

April 2019

Garrett County Board of Education—Food & Nutrition
Secondary Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Popcorn Shrimp Sweet Potato Tots Pears Mixed Vegetables Milk Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>2</p> <p>BBQ Chicken Mashed Potatoes Pineapple Baked Beans Milk Breakfast Pizza, Cereal, Peach Cup, Fruit Cup, Milk</p>	<p>3</p> <p>Macaroni & Cheese Peas Peaches Corn Milk Cinnamon Roll, Cereal, Pear Cup, Orange Pineapple Juice, Milk</p>	<p>4</p> <p>Eggroll w/Rice Broccoli Orange Wedges Japanese Blend Vegetables Milk Breakfast Bites, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>5</p> <p>Frito Pie Salad w/Black Beans & Corn Carrot Sticks Applesauce Italian Ice Milk W/G Blueberry Mini Loaf, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>8</p> <p>Rib Patty Mixed Vegetables Peaches French Fries Milk Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk</p>	<p>9</p> <p>Sweet & Sour Chicken Broccoli Pineapple Churro Milk Waffles, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>10</p> <p>Nachos Grande Tossed Salad Strawberry Applesauce Cup Corn Milk Whole Grain Rich Donut, Cereal, Banana, Fruit Juice, Milk</p>	<p>11</p> <p>Mozzarella Sticks w/Sauce Carrot Sticks Pears Brownie Milk Sausage Biscuit, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>12</p> <p>Hamburger Oven Roasted Potatoes Mixed Fruit Baked Beans Milk Yogurt, Cereal, Strawberry Cup, Apple Juice, Milk</p>
<p>15</p> <p>Grilled Cheese Sandwich Mixed Vegetables Pineapple Tomato Soup Milk Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>16</p> <p>Hot Dog Broccoli Peaches Baked Beans Milk Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</p>	<p>17</p> <p>Chicken Fajita Tossed Salad Applesauce Re-fried Beans Milk Cinnamon Roll, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>18</p> <p><u>Breakfast For Lunch</u> Waffles & Sausage Patties Tater Tots Mixed Fruit Juice Cup Milk Pancakes, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>19</p> <p>SCHOOLS CLOSED</p> <p>GOOD FRIDAY</p>
<p>22</p> <p>SCHOOLS CLOSED</p> <p>EASTER MONDAY</p>	<p>23</p> <p>Italian Sausage Sub w/Green Peppers & Onions Waffle Fries Orange Wedges Carrot Sticks Milk French Toast Sticks, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>24</p> <p>Breaded Chicken Mashed Potatoes Pineapple Baked Beans Milk Cereal Bar, Cereal, Banana, Fruit Juice, Milk</p>	<p>25</p> <p>Macaroni & Cheese Peas Peaches Broccoli Milk Sausage Biscuit, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk</p>	<p>26</p> <p>Spaghetti Tossed Salad Mixed Fruit Corn Milk Yogurt, Cereal, Peach Cup, Apple Juice, Milk</p>
<p>29</p> <p>Fish & Chips Mixed Vegetables Pears French Fries Milk Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>30</p> <p>Meatball Sub French Fries Banana Broccoli Milk Cinnamon Roll, Cereal, Pear Cup, Fruit Juice, Milk</p>			