

February 2019

Garrett County Board of Education—Food & Nutrition Secondary Breakfast & Lunch Menu

Mon	Tue	Wed	Thu	Fri
				<p>1</p> <p>Spaghetti Tossed Salad Mixed Fruit Corn Milk</p> <p>Yogurt Cup, Cereal, Strawberry Cup, Apple Juice, Milk</p>
<p>4</p> <p>Rib Patty Mixed Vegetables Pears French Fries Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>5</p> <p>Fish Sandwich Koos Koos Banana Broccoli Milk</p> <p>Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</p>	<p>6</p> <p>Nachos Grande Corn Strawberry Applesauce Tossed Salad Milk</p> <p>Cinnamon Roll, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>7</p> <p>Chili & Peanut Butter Sandwich Carrots Peaches Chocolate Chip Cookie Milk</p> <p>Breakfast Bites, Cereal, Applesauce Cup, Grape Juice, Milk</p>	<p>8</p> <p>Hamburger Oven Roasted Potatoes Mixed Fruit Baked Beans Milk</p> <p>Egg & Cheese Biscuit, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>11</p> <p>Grilled Cheese Sandwich Broccoli Peaches Tomato Soup Milk</p> <p>Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk</p>	<p>12</p> <p>Chicken Fajita Tossed Salad Pears Frozen Fruit Cup Milk</p> <p>French Toast Sticks, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>13</p> <p><u>Breakfast For Lunch</u> Pancakes & Sausage Patties Tater Tots Applesauce Cup Juice Cup Milk</p> <p>Sausage Biscuit, Cereal, Banana, Fruit Juice, Milk</p>	<p>14</p> <p>French Bread Pizza Tossed Salad Orange Wedges Corn Milk</p> <p>Yogurt, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk</p>	<p>15</p> <p>Hot Dog French Fries Mixed Fruit Baked Beans Milk</p> <p>Nutri-Grain Bar, Cereal, Peach Cup, Apple Juice, Milk</p>
<p>18</p> <p>Fish Sandwich Sweet Potato Tots Pears Mixed Vegetables Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>19</p> <p>Breaded Chicken Mashed Potatoes Pineapple Green Beans Milk</p> <p>Breakfast Pizza, Cereal, Peach Cup, Fruit Juice, Milk</p>	<p>20</p> <p>Macaroni & Cheese Peas Peaches Roasted Garbanzo Beans Milk</p> <p>Cinnamon Roll, Cereal, Pear Cup, Orange Pineapple Juice, Milk</p>	<p>21</p> <p>Cheese Sticks w/Marina Sauce Broccoli Orange Wedges French Fries Milk</p> <p>Breakfast Bites, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>22</p> <p>Frito Pie Salad w/Black Bean & Corn Salsa Carrot Sticks Applesauce Italian Ice Milk</p> <p>Egg & Cheese Biscuit, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>25</p> <p>Rib Patty Mixed Vegetables Peaches French Fries Milk</p> <p>Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk</p>	<p>26</p> <p>Chicken Noodle Soup Grilled Cheese Sandwich Broccoli Pineapple Churro Milk</p> <p>Waffles, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>27</p> <p>Nachos Grande Tossed Salad Strawberry Applesauce Cup Corn Milk</p> <p>Whole Grain Donut, Cereal, Banana, Fruit Juice, Milk</p>	<p>28</p> <p>Mozzarella Sticks w/Sauce Carrot Sticks Pears Brownie Milk</p> <p>Sausage Biscuit, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	