

# December 2018

## Garrett County Board of Education—Food & Nutrition Elementary Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><i>Grilled Cheese Sandwich or Lunchable or Chicken Patty</i> <i>Mixed Vegetables</i> <i>Pineapple</i> <i>Tomato Soup</i> <i>Milk</i></p> <p><i>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</i></p>	<p>4</p> <p><i>Chicken Fajita or Lunchable or Pizza</i> <i>Tossed Salad</i> <i>Applesauce</i> <i>Corn</i> <i>Milk</i></p> <p><i>Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</i></p>	<p>5</p> <p><i>Hog Dog or Lunchable or Chicken Nuggets</i> <i>Broccoli</i> <i>Peaches</i> <i>Baked Beans</i> <i>Milk</i></p> <p><i>Cinnamon Roll, Cereal, Strawberry Applesauce Cup, Orange Pineapple Juice, Milk</i></p>	<p>6</p> <p><i>Beef Ravioli or Lunchable or Corn Dog</i> <i>Carrot Sticks</i> <i>Pears</i> <i>Ice Cream Cup</i> <i>Milk</i></p> <p><i>Pancakes, Cereal, Peach Cup, Grape Juice, Milk</i></p>	<p>7</p> <p><i><u>Breakfast for Lunch</u></i> <i>Waffles &amp; Sausage Patties or Lunchable or Pepperoni</i> <i>Panini Tater Tots</i> <i>Mixed Fruit</i> <i>Orange Wedges</i> <i>Milk</i></p> <p><i>Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk</i></p>
<p>10</p> <p><i>Popcorn Shrimp or Grilled Cheese Sandwich or Chicken Patty</i> <i>Pears</i> <i>Sweet Potato Tots</i> <i>Mixed Vegetables</i> <i>Milk</i></p> <p><i>Double Chocolate Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk</i></p>	<p>11</p> <p><i>BBQ Chicken or Grilled Cheese Sandwich or Pizza</i> <i>Mashed Potatoes</i> <i>Pineapple</i> <i>Green Beans</i> <i>Milk</i></p> <p><i>French Toast Sticks, Cereal, Applesauce Cup, Orange Juice, Milk</i></p>	<p>12</p> <p><i>Pepperoni Panini or Grilled Cheese Sandwich or Chicken Nuggets</i> <i>Broccoli</i> <i>Orange Wedges</i> <i>Carrot Sticks</i> <i>Milk</i></p> <p><i>Cereal Bar, Cereal, Banana, Fruit Juice, Milk</i></p>	<p>13</p> <p><i>Macaroni &amp; Cheese or Grilled Cheese Sandwich or Corn Dog</i> <i>Peas Peaches</i> <i>Roasted Garbanzo Beans</i> <i>Milk</i></p> <p><i>Sausage Biscuit, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk</i></p>	<p>14</p> <p><i>Spaghetti or Grilled Cheese Sandwich or Pepperoni Panini</i> <i>Tossed Salad</i> <i>Mixed Fruit</i> <i>Corn</i> <i>Milk</i></p> <p><i>Yogurt, Cereal, Peach Cup, Apple Juice, Milk</i></p>
<p>17</p> <p><i>Chicken Patty or Turkey &amp; Cheese Sandwich</i> <i>Mixed Vegetables</i> <i>Pears</i> <i>French Fries</i> <i>Milk</i></p> <p><i>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</i></p>	<p>18</p> <p><i>Baked Ham or Turkey &amp; Cheese Sandwich or Pizza</i> <i>Mashed Potatoes</i> <i>Baked Apples</i> <i>Broccoli</i> <i>Gingerbread</i> <i>Milk</i></p> <p><i>Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</i></p>	<p>19</p> <p><i>Nachos Grande or Turkey &amp; Cheese Sandwich or Chicken Nuggets</i> <i>Corn</i> <i>Strawberry Applesauce</i> <i>Tossed Salad</i> <i>Milk</i></p> <p><i>Cinnamon Roll, Cereal, Peach Cup, Orange Pineapple Juice, Milk</i></p>	<p>20</p> <p><i>Chili &amp; Peanut Butter Sandwich or Turkey &amp; Cheese Sandwich or Corn Dog</i> <i>Carrots</i> <i>Peaches</i> <i>Chocolate Chip Cookie</i> <i>Milk</i></p> <p><i>Breakfast Bites, Cereal, Grape Juice, Applesauce Cup, Milk</i></p>	<p>21</p> <p><i>Hamburger or Turkey &amp; Cheese Sandwich or Pepperoni</i> <i>Panini</i> <i>Tater Tots</i> <i>Mixed Fruit</i> <i>Baked Beans</i> <i>Milk</i></p> <p><i>Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk</i></p>
<p>24</p> <p><i>WINTER BREAK</i></p> <p><i>SCHOOLS CLOSED</i></p>	<p>25</p> <p><i>WINTER BREAK</i></p> <p><i>SCHOOLS CLOSED</i></p>	<p>26</p> <p><i>WINTER BREAK</i></p> <p><i>SCHOOLS CLOSED</i></p>	<p>27</p> <p><i>WINTER BREAK</i></p> <p><i>SCHOOLS CLOSED</i></p>	<p>28</p> <p><i>WINTER BREAK</i></p> <p><i>SCHOOLS CLOSED</i></p>
<p>31</p> <p><i>WINTER BREAK</i></p> <p><i>SCHOOLS CLOSED</i></p>				