

April 2019

Garrett County Board of Education—Food & Nutrition Elementary Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Popcorn Shrimp or Ham & Cheese Sandwich or Chicken Patty</p> <p>Sweet Potato Tots</p> <p>Pears Mixed Vegetables</p> <p>Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>2</p> <p>BBQ Chicken or Ham & Cheese Sandwich or Pizza</p> <p>Mashed Potatoes</p> <p>Pineapple</p> <p>Baked Beans</p> <p>Milk</p> <p>Breakfast Pizza, Cereal, Peach Cup, Fruit Cup, Milk</p>	<p>3</p> <p>Macaroni & Cheese or Ham & Cheese Sandwich or Chicken Nuggets</p> <p>Peas</p> <p>Peaches</p> <p>Corn</p> <p>Milk</p> <p>Cinnamon Roll, Cereal, Pear Cup, Orange Pineapple Juice, Milk</p>	<p>4</p> <p>Eggroll w/Rice or Ham & Cheese Sandwich or Corn Dog</p> <p>Broccoli</p> <p>Orange Wedges</p> <p>Japanese Blend Vegetables</p> <p>Milk</p> <p>Breakfast Bites, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>5</p> <p>Frito Pie Salad w/Black Beans & Corn or Ham & Cheese Sandwich or Pepperoni Pizza</p> <p>Carrot Sticks</p> <p>Applesauce Italian Ice</p> <p>Milk</p> <p>W/G Blueberry Mini Loaf, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>8</p> <p>Rib Patty or Yogurt w/String Cheese or Chicken Patty</p> <p>Mixed Vegetables</p> <p>Peaches</p> <p>French Fries</p> <p>Milk</p> <p>Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk</p>	<p>9</p> <p>Sweet & Sour Chicken or Yogurt w/String Cheese or Pizza</p> <p>Broccoli</p> <p>Pineapple</p> <p>Churro</p> <p>Milk</p> <p>Waffles, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>10</p> <p>Nachos Grande or Yogurt w/String Cheese or Chicken Nuggets</p> <p>Tossed Salad</p> <p>Strawberry Applesauce Cup</p> <p>Corn</p> <p>Milk</p> <p>Whole Grain Rich Donut, Cereal, Banana, Fruit Juice, Milk</p>	<p>11</p> <p>Mozzarella Sticks w/Sauce or Yogurt w/String Cheese or Corn Dog</p> <p>Carrot Sticks</p> <p>Pears</p> <p>Brownie</p> <p>Milk</p> <p>Sausage Biscuit, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>12</p> <p>Hamburger or Yogurt w/String Cheese or Pepperoni Panini</p> <p>Oven Roasted Potatoes</p> <p>Mixed Fruit</p> <p>Baked Beans</p> <p>Milk</p> <p>Yogurt, Cereal, Strawberry Cup, Apple Juice, Milk</p>
<p>15</p> <p>Grilled Cheese Sandwich or Lunchable or Chicken Patty</p> <p>Mixed Vegetables</p> <p>Pineapple</p> <p>Tomato Soup</p> <p>Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>16</p> <p>Hot Dog or Lunchable or Pizza</p> <p>Broccoli</p> <p>Peaches</p> <p>Baked Beans</p> <p>Milk</p> <p>Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</p>	<p>17</p> <p>Chicken Fajita or Lunchable or Chicken Nuggets</p> <p>Tossed Salad</p> <p>Applesauce</p> <p>Re-fried Beans</p> <p>Milk</p> <p>Cinnamon Roll, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>18</p> <p><i>Breakfast For Lunch</i></p> <p>Waffles & Sausage Patties or Lunchable or Corn Dog</p> <p>Tater Tots</p> <p>Mixed Fruit</p> <p>Juice Cup</p> <p>Milk</p> <p>Pancakes, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>19</p> <p>SCHOOLS CLOSED</p> <p>GOOD FRIDAY</p>
<p>22</p> <p>SCHOOLS CLOSED</p> <p>EASTER MONDAY</p>	<p>23</p> <p>Italian Sausage Sub w/Green Peppers & Onions or Grilled Cheese Sandwich or Pizza Waffle Fries</p> <p>Orange Wedges</p> <p>Carrot Sticks Milk</p> <p>French Toast Sticks, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>24</p> <p>Breaded Chicken or Grilled Cheese Sandwich or Chicken Nuggets</p> <p>Mashed Potatoes</p> <p>Pineapple</p> <p>Baked Beans</p> <p>Milk</p> <p>Cereal Bar, Cereal, Banana, Fruit Juice, Milk</p>	<p>25</p> <p>Macaroni & Cheese or Grilled Cheese Sandwich or Corn Dog</p> <p>Peas</p> <p>Peaches</p> <p>Broccoli Milk</p> <p>Sausage Biscuit, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk</p>	<p>26</p> <p>Spaghetti or Grilled Cheese Sandwich or Pepperoni Panini</p> <p>Tossed Salad</p> <p>Mixed Fruit</p> <p>Corn</p> <p>Milk</p> <p>Yogurt, Cereal, Peach Cup, Apple Juice, Milk</p>
<p>29</p> <p>Fish & Chips or Turkey & Cheese Sandwich or Chicken Patty</p> <p>Mixed Vegetables</p> <p>Pears</p> <p>French Fries</p> <p>Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>30</p> <p>Meatball Sub or Turkey & Cheese Sandwich or Pizza</p> <p>French Fries</p> <p>Banana</p> <p>Broccoli</p> <p>Milk</p> <p>Cinnamon Roll, Cereal, Pear Cup, Fruit Juice, Milk</p>			