

January 2017

Garrett County Board of Education Food & Nutrition Services—Secondary Breakfast & Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken Patty Mixed Vegetables Pears French Fries Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>3</p> <p>Baked Fish Koos Koos Banana Broccoli Milk</p> <p>Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</p>	<p>4</p> <p>Nachos Grande Corn Strawberry Applesauce Tossed Salad Milk</p> <p>Cinnamon Roll, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>5</p> <p>Chili & Peanut Butter Sandwich Carrot Sticks Peaches Chocolate Chip Cookie Milk</p> <p>Breakfast Bites, Cereal, Applesauce Cup, Grape Juice, Milk</p>	<p>6</p> <p>Hamburger Oven Roasted Potatoes Mixed Fruit Baked Beans Milk</p> <p>Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>9</p> <p>Grilled Cheese Sandwich Broccoli Peaches Tomato Soup Milk</p> <p>Double Chocolate Whole Grain Muffin, Cere- al, Raisins, Grape Juice, Milk</p>	<p>10</p> <p>Chicken Fajita Tossed Salad Pears Re-fried Beans Milk</p> <p>French Toast Sticks, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>11</p> <p>Cheese Ravioli Carrot Sticks Applesauce Italian Ice Milk</p> <p>Cereal Bar, Cereal, Banana, Fruit Juice, Milk</p>	<p>12</p> <p><u>Breakfast For Lunch</u> Pancakes & Sausage Patties Tater Tots Mixed Fruit Juice Cup Milk</p> <p>Breakfast Burrito, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk</p>	<p>13</p> <p>BBQ Sandwich French Fries Orange Wedges Cole Slaw Milk</p> <p>Yogurt, Cereal, Peach Cup, Apple Juice, Milk</p>
<p>16</p> <p>SCHOOLS CLOSED</p> <p>MARTIN LUTHER KING, JR. DAY</p>	<p>17</p> <p>Chicken Patty Broccoli Orange Wedges Carrot Sticks Milk</p> <p>Breakfast Pizza, Cereal, Peach Cup, Fruit Juice, Milk</p>	<p>18</p> <p>Hot Dog Tator Tots Peaches Baked Beans Milk</p> <p>Cinnamon Roll, Cereal, Pear Cup, Orange Pineapple Juice, Milk</p>	<p>19</p> <p>Pepperoni Panni Tossed Salad Pineapple Green Beans Milk</p> <p>Breakfast Bites, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk</p>	<p>20</p> <p>Hamburger French Fries Mixed Fruit Corn Milk</p> <p>Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk</p>
<p>23</p> <p>Rib Patty Mixed Vegetables Peaches French Fries Milk</p> <p>Double Chocolate Whole Grain Muffin, Cere- al, Raisins, Grape Juice, Milk</p>	<p>24</p> <p>Chicken Noodle Soup Grilled Cheese Sandwich Broccoli Pineapple Churro Milk</p> <p>Blueberry Waffles, Cereal, Applesauce Cup, Orange Juice, Milk</p>	<p>25</p> <p>Nachos Grande Tossed Salad Strawberry Applesauce Cup Corn Milk</p> <p>Cereal Bar, Cereal, Banana, Fruit Juice, Milk</p>	<p>26</p> <p>Sloppy Joe Oven Roasted Potatoes Mixed Fruit Baked Beans Milk</p> <p>Sausage Biscuit, Cereal, Peach Cup, Orange Pineapple Juice, Milk</p>	<p>27</p> <p>Mozzarella Sticks w/Sauce Carrot Sticks Pears Brownie Milk</p> <p>Yogurt, Cereal, Mandarin Orange Cup, Apple Juice, Milk</p>
<p>30</p> <p>Grilled Cheese Sandwich Mixed Vegetables Pineapple Tomato Soup Milk</p> <p>Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk</p>	<p>31</p> <p>Hot Dog Broccoli Peaches Baked Beans Milk</p> <p>Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk</p>			<p>Fresh Fruit & Juice served daily for Breakfast</p>