

December 2016

Garrett County Board of Education Food & Nutrition Services—Secondary Breakfast & Lunch

| Mon | Tue | Wed | Thu | Fri |
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| Fresh Fruit & Juice served daily for Breakfast | | | 1 Chicken Patty Broccoli Orange Wedges Carrot Sticks Milk Breakfast Bites, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk | 2 Hamburger French Fries Mixed Fruit Corn Milk Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk |
| 5 Rib Patty Mixed Vegetables Peaches French Fries Milk Double Chocolate Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk | 6 Chicken Noodle Soup Grilled Cheese Sandwich Broccoli Pineapple Churro Milk Waffles, Cereal, Applesauce Cup, Orange Juice, Milk | 7 Nachos Grande Tossed Salad Strawberry Applesauce Cup Corn Milk Cereal Bar, Cereal, Banana, Fruit Juice, Milk | 8 Mozzarella Sticks w/Sauce Carrot Sticks Pears Brownie Milk Sausage Biscuit, Cereal, Peach Cup, Orange Pineapple Juice, Milk | 9 Sloppy Joe Oven Roasted Potatoes Mixed Fruit Baked Beans Milk Yogurt, Cereal, Mandarin Orange Cup, Apple Juice, Milk |
| 12 Grilled Cheese Sandwich Mixed Vegetables Pineapple Tomato Soup Milk Banana Muffin, Cereal, Mixed Fruit Cup, Orange Juice, Milk | 13 Hot Dog Broccoli Peaches Baked Beans Milk Breakfast Pizza, Cereal, Pear Cup, Fruit Juice, Milk | 14 Chicken Fajita Tossed Salad Applesauce Re-Fried Beans Milk Apple Flip, Cereal, Peach Cup, Orange Pineapple Juice, Milk | 15 Beef Ravioli Cheese Stick Carrot Sticks Pears Ice Cream Cup Milk Pancakes, Cereal, Strawberry Applesauce Cup, Grape Juice, Milk | 16 <u>Breakfast For Lunch</u> Waffles & Sausage Patties Tater Tots Mixed Fruit Orange Wedges Milk Cereal Bar, Cereal, Orange Wedges, Apple Juice, Milk |
| 19 Popcorn Shrimp Sweet Potato Tots Pears Mixed Vegetables Milk Double Chocolate Whole Grain Muffin, Cereal, Raisins, Grape Juice, Milk | 20 BBQ Chicken Mashed Potatoes Pineapple Green Beans Milk French Toast Sticks, Cereal, Applesauce Cup, Orange Juice, Milk | 21 Pepperoni Panni Tossed Salad Orange Wedges Carrot Sticks Milk Cereal Bar, Cereal, Banana, Fruit Juice, Milk | 22 Baked Ham Mashed Potatoes Baked Apples Broccoli Gingerbread Milk Sausage Biscuit, Cereal, Mandarin Orange Cup, Orange Pineapple Juice, Milk | 23 BBQ Sandwich Broccoli Mixed Fruit Corn Milk Yogurt, Cereal, Peach Cup, Apple Juice, Milk |
| 26 Winter Break SCHOOLS CLOSED | 27 Winter Break SCHOOLS CLOSED | 28 Winter Break SCHOOLS CLOSED | 29 Winter Break SCHOOLS CLOSED | 30 Winter Break SCHOOLS CLOSED |